



Sportsmanship Group Activity 2: Launcher

Sportsmanship — Bring your best to all competition

- **BE COOPERATIVE:** Join your teammates & opponents in a mutual quest for excellence.
- **BE FAIR:** Perform skillfully, guided by the letter & spirit of the rules.
- **BE GRACIOUS:** Enjoy the challenge of a tough competitor & meet it with your finest performance, win or lose.
- **BE HONORABLE:** Respect the game & contributions made by opponents, teammates, coaches & officials.
- **BE HUMBLE:** Don't distract from great play with arrogant behavior.

Problem Solving: Sportsmanship

Summary: The goal is to earn points by catching balls in a tarp that are launched from the launcher.

Equipment: Water balloon launcher, 10 soft stress balls, 1 tarp

Time: 13 minutes total

Brief the group: 2 minutes

Exercise: 8 minutes

Reflection: 3 minutes

Challenge Represents: Role on the Team and following the rules of the game, etc... Everybody that needs to come together in a season to help the team be "successful"

Directions:

10 balls are launched each round.

- The team must choose 3 people to operate the launcher. The rest of the team members are catchers.
- The farther the balls are launched the higher point value is received if caught.

Launching Area	1,000 Points	3,000 Points	5,000 points	10,000 points
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- Catcher rules: All team members must hold the tarp with both hands at all times. If anyone lets go, the catch does not count.

Facilitator Notes:

- The team must set a goal before starting.
- Give the team three practice launches before the count begins.
- Safety: Only play in an open field. Launchers may only use as it is designed to be used. The two side holders of the launcher must face away from the launcher.

Processing the Ideas:

- Discuss the importance of sportsmanship: bring your best to all competition. How did this group do in demonstrating sportsmanship to all members of the team as they tried to reach their goal?
- How does this relate to a team setting? (following rules, encouragement, not mtg their goal, etc...)
- How will SPORTSMANSHIP look on your team? Identify 3. Refer to Sportsmanship checklist.
- One team member writes and reports later.