Sportsmanship Group Activity 2: Launcher

Sportsmanship — Bring your best to all competition

- **BE COOPERATIVE:** Join your teammates & opponents in a mutual quest for excellence.
- **BE FAIR:** Perform skillfully, guided by the letter & spirit of the rules.
- **BE GRACIOUS:** Enjoy the challenge of a tough competitor & meet it with your finest performance, win or lose.
- **BE HONORABLE:** Respect the game & contributions made by opponents, teammates, coaches & officials.
- **BE HUMBLE:** Don’t distract from great play with arrogant behavior.

Problem Solving: Sportmanship

**Summary:** The goal is to earn points by catching balls in a tarp that are launched from the launcher.

**Equipment:** Water balloon launcher, 10 soft stress balls, 1 tarp

**Time:** 13 minutes total
- Brief the group: 2 minutes
- Exercise: 8 minutes
- Reflection: 3 minutes

**Challenge Represents:** Role on the Team and following the rules of the game, etc… Everybody that needs to come together in a season to help the team be “successful”

**Directions:**
10 balls are launched each round.
- The team must choose 3 people to operate the launcher. The rest of the team members are catchers.
- The farther the balls are launched the higher point value is received if caught.

<table>
<thead>
<tr>
<th>Launching Area</th>
<th>1,000 Points</th>
<th>3,000 Points</th>
<th>5,000 Points</th>
<th>10,000 Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catcher rules:</td>
<td>All team members must hold the tarp with both hands at all times. If anyone lets go, the catch does not count.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Facilitator Notes:**
- The team must set a goal before starting.
- Give the team three practice launches before the count begins.
- Safety: Only play in an open field. Launchers may only use as it is designed to be used. The two side holders of the launcher must face away from the launcher.

**Processing the Ideas:**
- Discuss the importance of sportsmanship: bring your best to all competition. How did this group do in demonstrating sportsmanship to all members of the team as they tried to reach their goal?
- How does this relate to a team setting? (following rules, encouragement, not mtg their goal, etc…)
- How will SPORTSMANSHIP look on your team? Identify 3. Refer to Sportmanship checklist.
- One team member writes and reports later.