



Responsibility Group Activity 4: Blind Shapes

Responsibility- Embracing opportunities to contribute

- **BE HELPFUL:** Understand & advance the group's positive goals.
- **BE CONSCIENTIOUS:** Be aware & careful of the choices you make.
- **BE ACCOUNTABLE:** Accept that your actions impact everyone around you.
- **BE PERSEVERING:** Work through difficulty & discouragement in pursuit of individual & team objectives.
- **BE RELIABLE:** Prove that others can depend on you.

Problem Solving: Responsibility

Summary: With the entire team blindfolded, they will be given a rope and told to make a variety of shapes.

Equipment: 10 blindfolds, 1 rope

Time: 10 minutes total

Brief the group: 2 minutes

Exercise: 6 minutes

Reflection: 2 minutes

Directions:

- Splitting up into two teams, each member will be blindfolded and given a part of the rope to hold onto.
- The instructor will then give a shape for the team to make while everyone is holding the rope.
- Each group will go through a list of five different shapes they must create.

Facilitator Notes:

- All individuals must remain blindfolded at all times, shapes can change with each group depending on skill level/ age group.

Processing the Ideas:

- Discuss the importance of responsibility: Embrace opportunities to contribute. How did this group do in demonstrating responsibility in fulfilling their role?
- How does this relate to a team setting? (Helpful, accountable, prioritize, stay positive, etc...)
- How will RESPONSIBILITY look on your team? Identify 3. Refer to Responsibility checklist.
- One team member writes and reports later.