



Servant Leadership Group Activity 4: Blanket Volleyball

Servant Leadership — Serving the common good

- **BE EMPOWERING:** Inspire & help others to grow, succeed & lead.
- **BE VISIONARY:** Raise expectations for yourself & the team.
- **BE INTERCONNECTED:** Recognize the vital link between individual effort & group achievement.
- **BE GENEROUS:** Freely contribute hard work & support to reach the team's goals.
- **BE ENERGETIC:** Initiate action - do what needs to be done.

Problem Solving: Servant Leadership

Summary: Each group will be given a blanket to hold together as a team. One team will start with the ball, then lower the blanket and send the volleyball over to the other team that is catching. Both teams are to catch and throw the volleyball to the opposing team until the ball is dropped.

Equipment: Bed sheet or large blanket, playball, volleyball net

Time: 10 minutes total

Brief the group: 2 minutes

Exercise: 6 minutes

Reflection: 2 minutes

Balls Represents: Integrity, Respect, Responsibility, Sportsmanship, etc... Or, players that are getting through the season.

Directions:

- Break into two teams of five, and separate on either side of the net.
- Give each team a sheet to hold, making sure each person has their hands on the sheet.
- Then place the ball on a team's blanket, making them work together to pass the ball over the net.
- See how many times in a row the teams can pass the ball.

Facilitator Notes:

- Be sure to watch that the ball is being controlled and staying within the court.
- If a team fails to catch a ball, it is considered "out".
- Have the team's count out loud how many passes they get in a row.

Processing the Ideas:

- Discuss the importance of servant leadership: Serving the common good. How did this group do in demonstrating servant leadership to all its members as they worked to use the blanket to send the ball over the net?
- How does this relate to a team setting? (communication, behavior, following rules, etc...)
- How will SERVANT LEADERSHIP look on your team? Identify 3. Refer to Servant Leadership checklist.
- One team member writes and reports later.