



## Sportsmanship Group Activity 4: Tarp Football

### **Sportsmanship — Bring your best to all competition**

- **BE COOPERATIVE:** Join your teammates & opponents in a mutual quest for excellence.
- **BE FAIR:** Perform skillfully, guided by the letter & spirit of the rules.
- **BE GRACIOUS:** Enjoy the challenge of a tough competitor & meet it with your finest performance, win or lose.
- **BE HONORABLE:** Respect the game & contributions made by opponents, teammates, coaches & officials.
- **BE HUMBLE:** Don't distract from great play with arrogant behavior.

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### **Problem Solving: Sportsmanship**

**Summary:** As a group, the team need to make the football through each of the labeled points on the tarp.

**Equipment:** Tarp with points labeled, one football

**Time:** 10 minutes total

Brief the group: 2 minutes

Exercise: 6 minutes

Reflection: 2 minutes

**Challenge Represents:** Role on the Team and following the rules of the game, etc... Everybody that needs to come together in a season to help the team be "successful"

### **Directions:**

- Have all of the student's line up behind the line, and show them the points they will need to hit.
- Each student is allowed one warm up throw.
- The group as a collective whole will need to decide which numbers to hit, that will add up to 200 points total.
- From behind the line, class member will get the opportunity to shoot at whichever point target they choose.
- Once they have reached a total of 200 points, they have completed the activity.

### **Facilitator Notes:**

- Each student will be able to take a least one practice shot and one real shot at the tarp.
- Once each of the spots are hit, the team has completed the task.

### **Processing the Ideas:**

- Discuss the importance of sportsmanship: bring your best to all competition. How did this group do in demonstrating sportsmanship to all members of the team as they tried to reach their goal?
- How does this relate to a team setting? (following rules, encouragement, not mtg their goal, etc...)
- How will SPORTSMANSHIP look on your team? Identify 3. Refer to Sportsmanship checklist.
- One team member writes and reports later.