Sportmanship Group Activity 4: Tarp Football

Sportmanship — Bring your best to all competition

- **BE COOPERATIVE**: Join your teammates & opponents in a mutual quest for excellence.
- **BE FAIR**: Perform skillfully, guided by the letter & spirit of the rules.
- **BE GRACIOUS**: Enjoy the challenge of a tough competitor & meet it with your finest performance, win or lose.
- **BE HONORABLE**: Respect the game & contributions made by opponents, teammates, coaches & officials.
- **BE HUMBLE**: Don’t distract from great play with arrogant behavior.

Problem Solving: Sportsmanship

**Summary**: As a group, the team need to make the football through each of the labeled points on the tarp.

**Equipment**: Tarp with points labeled, one football

**Time**: 10 minutes total

- Brief the group: 2 minutes
- Exercise: 6 minutes
- Reflection: 2 minutes

**Challenge Represents**: Role on the Team and following the rules of the game, etc... Everybody that needs to come together in a season to help the team be "successful"

**Directions**:

- Have all of the student’s line up behind the line, and show them the points they will need to hit.
- Each student is allowed one warm up throw.
- The group as a collective whole will need to decide which numbers to hit, that will add up to 200 points total.
- From behind the line, class member will get the opportunity to shoot at whichever point target they choose.
- Once they have reached a total of 200 points, they have completed the activity.

**Facilitator Notes**:

- Each student will be able to take a least one practice shot and one real shot at the tarp.
- Once each of the spots are hit, the team has completed the task.

**Processing the Ideas**:

- Discuss the importance of sportsmanship: bring your best to all competition. How did this group do in demonstrating sportsmanship to all members of the team as they tried to reach their goal?
- How does this relate to a team setting? (following rules, encouragement, not mtg their goal, etc…)
- How will SPORTSMANSHIP look on your team? Identify 3. Refer to Sportsmanship checklist.
- One team member writes and reports later.